

Contents

<i>Introductions</i>	<i>xv</i>
<i>Approbations</i>	<i>xviii</i>
1. The Laws of the Sanctity of Tefillin I	
<i>General Requirements for Wearing Tefillin</i>	23
<i>Maintaining Physical Cleanliness (Guf Naki)</i>	23
<i>Maintaining Focus on the Tefillin</i>	25
<i>The Proper Age to Begin Wearing Tefillin</i>	26
<i>Tefillin with a Stomach Ache</i>	27
<i>Sleeping While Wearing Tefillin or with Tefillin Placed Nearby</i>	28
<i>Eating and Drinking While Wearing Tefillin</i>	33
<i>Wearing Tefillin All Day</i>	36
<i>Women and Tefillin</i>	39
<i>Machshava</i>	42
<i>Summary of the Laws of Kedushat Tefillin</i>	43
<i>Further Iyun: The Kedusha of Sefer Torah, Tefillin, and Mezuza</i>	46
2. The Laws of the Sanctity of Tefillin II and of the Tefillin of Rashi and Rabbeinu Tam	
<i>The Sanctity of the Tefillin</i>	57
<i>The Prohibition to Hang Tefillin</i>	57
<i>Sitting on the Same Surface as Tefillin</i>	58
<i>Marital Relations in a Room Containing Tefillin</i>	60
<i>If Tefillin Fall</i>	65
<i>The Dispute Between Rashi and Rabbeinu Tam</i>	67
<i>Putting on the Tefillin of Rabbeinu Tam</i>	73
<i>When to Put On the Tefillin of Rabbeinu Tam</i>	77
<i>Machshava</i>	80

<i>Summary of Laws of the Sanctity of Tefillin II and of the Tefillin of Rashi and Rabbeinu Tam</i>	81
<i>Further Iyun: Tefillin of Rashi and Rabbeinu Tam</i>	84
<i>Responsa</i>	91

3. The Laws of the Zemanim for Tallit and Tefillin

<i>Calculating Alot Hashachar</i>	95
<i>Determining the Time of Haneitz Hachama</i>	101
<i>Misheyakir: The Earliest Time for Donning Tallit and Tefillin</i>	105
<i>The Earliest Time for Donning Tefillin</i>	105
<i>The Earliest Time for Donning Tzitzit</i>	107
<i>Calculating the Time of Misheyakir</i>	109
<i>May One Put on Tallit and Tefillin Early in Cases of Need?</i>	112
<i>Donning Tefillin Before Misheyakir</i>	112
<i>Donning a Tallit Before the Time of Misheyakir</i>	115
<i>Practical Applications: Early Minyanim in the Winter</i>	117
<i>Machshava</i>	121
<i>Summary of the Laws of the Zemanim for Tallit and Tefillin</i>	122
<i>Further Iyun: The Unique Time for Keriat Shema, Tefillin and Tzitzit – Why Are They Different?</i>	126
<i>Responsa</i>	133

4. The Laws of Birkot HaShachar

<i>Why Do We Recite Birkot HaShachar?</i>	139
<i>Birkot HaShachar for One Who is Awake the Entire Night</i>	147
<i>The Beracha of</i>	
<i>“Who Prepared All My Needs” on Tisha B'av and Yom Kippur</i>	151
<i>The Latest Time for Reciting Birkot HaShachar</i>	154
<i>Women and Birkot HaShachar</i>	157
<i>Machshava</i>	159
<i>Summary of the Laws of Birkot HaShachar</i>	161
<i>Further Iyun: Birkot HaShachar: Blessings of Praise or Benefit?</i>	164
<i>Responsa</i>	170

5. The Laws of Birkot HaTorah I

<i>The Significance of Birkot HaTorah</i>	175
<i>The Content and Nature of Birkot HaTorah</i>	179
<i>The Text of the Berachot</i>	179
<i>Are Birkot HaTorah Obligated by Torah Law?</i>	179
<i>Must Women Recite Birkot HaTorah?</i>	186
<i>Machshava</i>	190
<i>Summary of the Laws of Birkot HaTorah I</i>	192
<i>Further Iyun: Birkot HaTorah: The Most Elevated of Berachot</i>	194

6. The Laws of Birkot HaTorah II

<i>What Content Necessitates Birkot HaTorah?</i>	201
<i>Studying Broader Categories of Torah</i>	202
<i>Reciting Pesukim as Supplications</i>	203
<i>Reciting a Beracha Prior to Writing, Contemplating, or Listening to Words of Torah</i>	205
<i>Birkot HaTorah After Sleeping During the Day or Staying Awake Overnight</i>	212
<i>Substantial Sleep in Bed During the Day</i>	212
<i>Waking Up in the Middle of Night</i>	215
<i>One Who Was Awake All Night</i>	215
<i>Machshava</i>	218
<i>Summary of the Laws of Birkot HaTorah II</i>	220

The Laws of Pesukei D'zimra I

<i>The Source for Reciting Pesukei D'zimra</i>	227
<i>Baruch She'amar and Yishtabach</i>	230
<i>Interruptions Between Baruch She'amar and Yishtabach</i>	231
<i>How to Properly Recite Pesukei D'zimra</i>	237
<i>Mizmor L'toda</i>	238
<i>Women and Pesukei D'zimra</i>	240
<i>Machshava</i>	241
<i>Summary of the Laws of Pesukei D'zimra I</i>	242

<i>Further Iyun: Pesukei D'zimra: Tefilla or Hallel and the Halachic Ramifications</i>	245
<i>Responsa</i>	248

8. The Laws of Pesukei D'zimra II

<i>Ashrei</i>	253
<i>When Does One Stand During Pesukei D'zimra?</i>	257
<i>The Order of Pesukei D'zimra When One Arrives Late for Prayer</i>	258
<i>Skipping All of Pesukei D'zimra</i>	264
<i>Should Women Skip Parts of Pesukei D'zimra?</i>	268
<i>Machshava</i>	270
<i>Summary of the Laws of Pesukei D'zimra II</i>	272

9. The Laws of the Arba Minim (Four Species)

<i>Selected Halachot of the Lulav</i>	279
<i>Selected Halachot of the Etrog</i>	286
<i>A Cross-Bred Etrog</i>	286
<i>Changes in Color and Blemishes</i>	288
<i>Small Dots</i>	291
<i>If the Pitam is Missing</i>	293
<i>Selected Halachot of the Hadasim</i>	296
<i>The Minimum Size</i>	296
<i>If the Tip is Severed</i>	297
<i>The Requirement of Triple Leaves</i>	297
<i>Hadasim Whose Leaves Have Fallen Off</i>	300
<i>Dried Up Hadasim</i>	303
<i>Selected Halachot of the Aravot</i>	305
<i>Dried Aravot</i>	306
<i>Aravot Whose Leaves Have Fallen Off</i>	306
<i>Women and Arba Minim</i>	308
<i>Machshava</i>	309
<i>Summary of the Laws of Arba Minim</i>	311
<i>Further Iyun: Are Grafted Etrogim (Murkavim) Kosher?</i>	316
<i>Responsa</i>	320