

CONTENTS

<i>Introduction</i>	<i>xvii</i>
<i>Approbations</i>	<i>xviii</i>
1. Activities Forbidden Before Tefilla	
<i>Greeting Others Before Tefilla</i>	23
<i>Attending to One's Affairs Before Tefilla</i>	30
<i>Activities Permitted Before Tefilla</i>	35
<i>Setting Out on a Journey</i>	37
<i>Eating and Drinking Before Tefilla</i>	40
<i>Is Eating and Drinking Ever Permitted Before Shacharit?</i>	40
<i>Eating and Drinking Before Dawn</i>	45
<i>Activities Forbidden Before Tefilla for Women</i>	48
<i>Machshava</i>	50
<i>Summary of the Activities Forbidden Before Tefilla</i>	52
<i>Further Iyun: The Reason for the Prohibition of Performing Activities Before Tefilla</i>	57
<i>Responsa</i>	61
2. The Obligation of Prayer	
<i>The Source for the Obligation of Tefilla</i>	65
<i>The Obligation of Tefilla for Women</i>	70
<i>Exemptions from Tefilla</i>	78
<i>Machshava</i>	85
<i>Summary of the Obligation to Pray</i>	86
<i>Further Iyun: Worship of the Heart or the Heart of Worship?</i>	88
<i>Responsa</i>	94

3. The Proper Position and Concentration During Shemoneh Esrei

<i>Standing During the Amida</i>	99
<i>Leaning or Sitting During the Shemoneh Esrei</i>	101
<i>Walking During Shemoneh Esrei</i>	103
<i>Aligning One's Feet During the Amida</i>	105
<i>The Proper Pose During the Amida</i>	110
<i>Directing One's Eyes</i>	110
<i>Positioning One's Hands and Swaying</i>	113
<i>Maintaining Concentration During the Amida</i>	116
<i>Women Holding Young Children During Shemoneh Esrei</i>	123
<i>Machshava</i>	126
<i>Summary of the Laws of Proper Position and Concentration During Shemoneh Esrei</i>	128
<i>Further Iyun: Praying from Cellphones and Other Electronic Devices</i>	133
<i>Responsa</i>	138

4. Kavana and Interruptions During Shemoneh Esrei

<i>The Obligation and Nature of Kavana During Shemoneh Esrei</i>	143
<i>Praying Out Loud</i>	151
<i>Interruptions During Shemoneh Esrei</i>	157
<i>Women and Interruptions in Shemoneh Esrei</i>	162
<i>Sitting and Passing in Front of Someone Reciting Shemoneh Esrei</i>	163
<i>Machshava</i>	174
<i>Summary of the Halachot of Kavana and Interruptions During Shemoneh Esrei</i>	175
<i>Further Iyun: Defining the Obligation of Kavana for Tefilla</i>	180
<i>Responsa</i>	186

5. Tefilla B'tzibbur and Communal Prayer

<i>The Importance of Tefilla B'tzibbur</i>	191
<i>Is Tefilla with a Minyan Required?</i>	193
<i>Should Women Participate in Tefilla B'tzibbur?</i>	197
<i>Defining the Tzibbur: Who Is Included?</i>	199
<i>Reciting the Amida Together With the Chazzan</i>	205

<i>The Shortened Repetition of the Chazzan</i>	214
<i>Summary of Tefilla B'tzibbur and Communal Prayer</i>	219
<i>Further Iyun: When Davening with a Minyan Clashes with the Requirement of Semichut Geula L'tefilla</i>	223
<i>Responsa</i>	227

6. The Tefilla of Tashlumin

<i>In Which Cases May One Recite Tashlumin?</i>	233
<i>The Proper Method of Reciting Tashlumin</i>	243
<i>The Order of the Tefillot</i>	243
<i>Pausing Between the Two Tefillot of Shemoneh Esrei</i>	246
<i>May Tashlumin Be Recited Only at the Immediately Succeeding Tefilla?</i>	249
<i>Reciting Tashlumin on Shabbat and Festivals</i>	251
<i>Women and Tashlumin</i>	258
<i>Summary of the Laws of Tashlumin</i>	260
<i>Further Iyun: The Nature of the Tefilla of Tashlumin</i>	264

7. The Laws of Chazarat HaShatz

<i>What Is the Reason for Chazarat HaShatz?</i>	271
<i>Kedusha</i>	275
<i>The Beginning Sentence of Kedusha</i>	275
<i>Kedusha for One in the Middle of the Silent Shemoneh Esrei</i>	279
<i>The Conduct of the Tzibbur During Chazarat HaShatz</i>	282
<i>Other Activities During Chazarat HaShatz</i>	282
<i>Other Aspects of the Conduct of the Tzibbur During Chazarat HaShatz</i>	286
<i>When the Shaliach Tzibbur Makes a Mistake</i>	288
<i>Birkat Kohanim</i>	293
<i>Birkat Kohanim in the Diaspora</i>	294
<i>The Conduct of the Tzibbur During Birkat Kohanim</i>	295
<i>Women and Birkat Kohanim</i>	299
<i>Machshava</i>	300
<i>Summary of the Laws of Chazarat HaShatz</i>	302

<i>Further Iyun: The Repetition of the Shaliach Tzibbur:</i>	
<i>A Prayer of the Shaliach or of the Tzibbur?</i>	306
<i>Responsa</i>	310
8. Tachanun and Nefillat Apayim	
<i>Machshava: The Reasons for Nefillat Apayim</i>	315
<i>How Nefillat Apayim is Performed</i>	317
<i>Complete and Partial Nefillat Apayim</i>	317
<i>Sitting During Nefillat Apayim</i>	324
<i>On Which Side Does One Fall?</i>	325
<i>Additional Laws of Nefillat Apayim</i>	327
<i>The Text of Tachanun</i>	329
<i>Which Chapter of Tehillim Is Recited?</i>	329
<i>Reciting Vidui and the Thirteen Middot Before Tachanun</i>	329
<i>Instances When One Does Not Recite Tachanun</i>	334
<i>Women and Tachanun</i>	340
<i>Summary of the Laws of Tachanun and Nefillat Apayim</i>	341
<i>Further Iyun: Prostration on a Stone Floor and the Custom of Bowing on</i>	
<i>Rosh Hashana and Yom Kippur</i>	344
<i>Responsa</i>	349