

THE LAX FAMILY EDITION



TZURBA מורבאן
MRABANAN מרבנן
לעילוי נשמת מאיר (מיטע) אלימלך ז"ל

עזר בא מרבנן

TZURBA M'RABANAN

A concise learning method from the Talmudic source
through modern-day halachic application

SAMPLE CURRICULUM

Daily Halachot

CONTENTS

1. The Laws of Birkot HaShachar

<i>Why Do We Recite Birkot HaShachar?</i>	11
<i>Birkot HaShachar for One Who is Awake the Entire Night</i>	19
<i>The Beracha of "Who Prepared All My Needs" on Tisha B'av and Yom Kippur</i>	23
<i>The Latest Time for Reciting Birkot HaShachar</i>	26
<i>Women and Birkot HaShachar</i>	29
<i>Machshava</i>	31
<i>Summary of the Laws of Birkot HaShachar</i>	33
<i>Further Iyun: Birkot HaShachar: Blessings of Praise or Benefit?</i>	36
<i>Responsa</i>	42

2. The Laws of Preparation for Prayer

<i>Ensuring Physical Cleanliness for Tefilla</i>	47
<i>Relieving Oneself Before Praying</i>	47
<i>Washing One's Hands Before Praying</i>	52
<i>Preparing One's Soul</i>	53
<i>Giving Tzedaka</i>	57
<i>The Proper Attire for Tefilla</i>	58
<i>The Proper Attire for Women</i>	65
<i>Praying on the Road: In a Car, Train, or Airplane</i>	67
<i>Tefilla on an Airplane</i>	69
<i>Facing the Proper Direction During Tefilla While Traveling</i>	72
<i>Summary of the Laws of Preparation for Prayer</i>	75

3. The Laws of Birkot HaTorah I

<i>The Significance of Birkot HaTorah</i>	87
<i>The Content and Nature of Birkot HaTorah</i>	91
<i>The Text of the Berachot</i>	91

<i>Are Birkot HaTorah Obligated by Torah Law?</i>	91
<i>Must Women Recite Birkot HaTorah?</i>	98
<i>Machshava</i>	102
<i>Summary of the Laws of Birkot HaTorah I</i>	104
<i>Further Iyun: Birkot HaTorah: The Most Elevated of Berachot</i>	106
4. The Laws of Pesukei D'zimra I	
<i>The Source for Reciting Pesukei D'zimra</i>	113
<i>Baruch She'amar and Yishtabach</i>	116
<i>Interruptions Between Baruch She'amar and Yishtabach</i>	117
<i>How to Properly Recite Pesukei D'zimra</i>	123
<i>Mizmor L'toda</i>	124
<i>Women and Pesukei D'zimra</i>	126
<i>Machshava</i>	127
<i>Summary of the Laws of Pesukei D'zimra I</i>	128
<i>Further Iyun: Pesukei D'zimra: Tefilla or Hallel and the Halachic Ramifications</i>	131
<i>Responsa</i>	134
5. Introduction to the Laws of Tzitzit	
<i>The Source and Meaning of the Mitzva</i>	139
<i>Is There an Obligation to Wear Tzitzit?</i>	142
<i>Kesut Yom and Kesut Laila</i>	145
<i>Garments Not Made of Wool or Linen</i>	148
<i>Garments Made of Leather or Synthetic Materials</i>	154
<i>Women and Tzitzit</i>	158
<i>Summary of Tzitzit I: Introduction to the Laws of Tzitzit</i>	159
<i>Further Iyun: They Shall Make for Themselves Fringes?</i>	
<i>A Closer Look at the Mitzva of Tzitzit and Other Mitzvot Kiyumiyot</i>	162
6. The Proper Manner to Recite Keriat Shema I	
<i>Kavana While Reciting the Shema</i>	173
<i>Practical Applications of the Elevated Status of the First Verse of Shema</i>	178
<i>Kavana While Reciting the Word "Echad"</i>	183
<i>Careful Pronunciation When Reciting Shema</i>	188
<i>Machshava</i>	191

<i>Summary of The Proper Manner to Recite Keriat Shema I</i>	192
<i>Further Iyun: Does the Principle of Shomei'a K'oneh Apply to the Mitzva of Keriat Shema?</i>	194

7. The Laws of the Sanctity of Tefillin I

<i>General Requirements for Wearing Tefillin</i>	203
<i>Maintaining Physical Cleanliness (Guf Naki)</i>	203
<i>Maintaining Focus on the Tefillin</i>	205
<i>The Proper Age to Begin Wearing Tefillin</i>	206
<i>Tefillin with a Stomach Ache</i>	207
<i>Sleeping While Wearing Tefillin or with Tefillin Placed Nearby</i>	208
<i>Eating and Drinking While Wearing Tefillin</i>	213
<i>Wearing Tefillin All Day</i>	216
<i>Women and Tefillin</i>	219
<i>Machshava</i>	222
<i>Summary of the Laws of Kedushat Tefillin</i>	223
<i>Further Iyun: The Kedusha of Sefer Torah, Tefillin, and Mezuzah</i>	226

8. The Laws of Washing Hands Throughout the Day

<i>The Impetus for Washing Hands</i>	237
<i>Funerals and Cemeteries</i>	239
<i>Exiting the Restroom and the Bathhouse</i>	241
<i>Cutting Nails</i>	245
<i>Touching Concealed Parts of the Body</i>	247
<i>Touching Shoes</i>	251
<i>Haircuts and Contact with Hair</i>	254
<i>Removing Mucous of the Nose and Earwax</i>	256
<i>Asher Yatzar</i>	259
<i>Washing Hands for Women</i>	262
<i>Machshava</i>	263
<i>Summary of the Laws of Washing Hands Throughout the Day</i>	264
<i>Further Iyun: An Analysis of the Rambam's Position on Netilat Yadayim and Yadayim Askaniyot</i>	269